** LUNCH MENU**

Note: Lunches are $5 daily. *Please circle desired days to purchase and make all payments to Renaissance Montessori. Payment due September 26. For more information, please visit RenaissanceScholars.com/*

|  | **~ October 2014 ~** |  |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1 NEOMONDEChicken Shawarma with Mjadarah & Black Bean Salad | 2 NEOMONDEChicken Kabob with Corn Salad & Orza | 3  | 4  |
| 5  | 6  | 7 CHEF CINDYNC Apples & Pecan Salad over Baby Kale Salad with Whole Grain Toast Points & GF Almond Crisps | 8 NEOMONDEVeggie Lasagna with CousCous & Hummus | 9 NEOMONDEMaklouba with Black Bean Salad & Falafel | 10  | 11  |
| **12** | 13  | 14 CHEF CINDYBean and Cheese Quesadillas with late Summer Tomato & Cucumber Salsa, Greek Yogurt & Granola Parfait | 15 NEOMONDECheese Pie with Corn & CousCous | 16 NEOMONDEChicken Wrap with Mjadarah & Tatziki | 17 | 18  |
| **19** | 20  | 21 CHEF CINDYBlack Bean and NC Corn Chili with Real Corn Tortillas≈ Cheddar Cheese Slices & Fresh Fruit | 22 NEOMONDEChicken Shawarma with Mjadarah & Black Bean Salad | 23NEOMONDEChicken Kabob with Orza & Hummus | 24  | 25  |
| **26** | 27  | 28 CHEF CINDYNC Apples & Pecan Salad over Baby Kale Salad with Whole Grain Toast Points & GF Almond Crisps | 29 NEOMONDEVeggie Lasagna with Tatziki & Falafel | 30 NEOMONDEVeggie Lasagna with Tatziki & Falafel | 31  |  |