** LUNCH MENU**

Note: Lunches are $5 daily. *Please circle desired days to purchase and make all payments to Renaissance Montessori. Payment due September 26. For more information, please visit RenaissanceScholars.com/*

|  | **~ October 2014 ~** | | | | |  |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  | 1  NEOMONDE  Chicken Shawarma with Mjadarah & Black Bean Salad | 2  NEOMONDE  Chicken Kabob with Corn Salad & Orza | 3 | 4 |
| 5 | 6 | 7  CHEF CINDY  NC Apples & Pecan Salad over Baby Kale Salad with Whole Grain Toast Points & GF Almond Crisps | 8  NEOMONDE  Veggie Lasagna with CousCous & Hummus | 9  NEOMONDE  Maklouba with Black Bean Salad & Falafel | 10 | 11 |
| **12** | 13 | 14 CHEF CINDY  Bean and Cheese Quesadillas with late Summer Tomato & Cucumber Salsa, Greek Yogurt & Granola Parfait | 15  NEOMONDE  Cheese Pie with Corn & CousCous | 16  NEOMONDE  Chicken Wrap with Mjadarah & Tatziki | 17 | 18 |
| **19** | 20 | 21  CHEF CINDY  Black Bean and NC Corn Chili with Real Corn Tortillas≈ Cheddar Cheese Slices & Fresh Fruit | 22  NEOMONDE  Chicken Shawarma with Mjadarah & Black Bean Salad | 23  NEOMONDE  Chicken Kabob with Orza & Hummus | 24 | 25 |
| **26** | 27 | 28 CHEF CINDY  NC Apples & Pecan Salad over Baby Kale Salad with Whole Grain Toast Points & GF Almond Crisps | 29  NEOMONDE  Veggie Lasagna with Tatziki & Falafel | 30  NEOMONDE  Veggie Lasagna with Tatziki & Falafel | 31 |  |